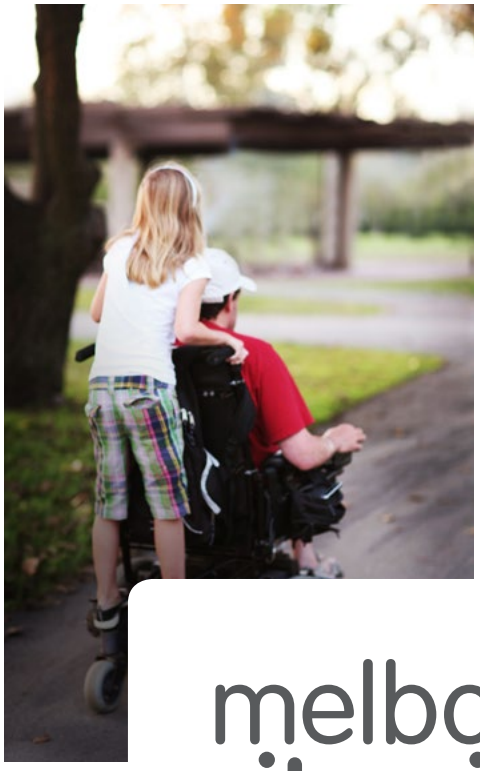
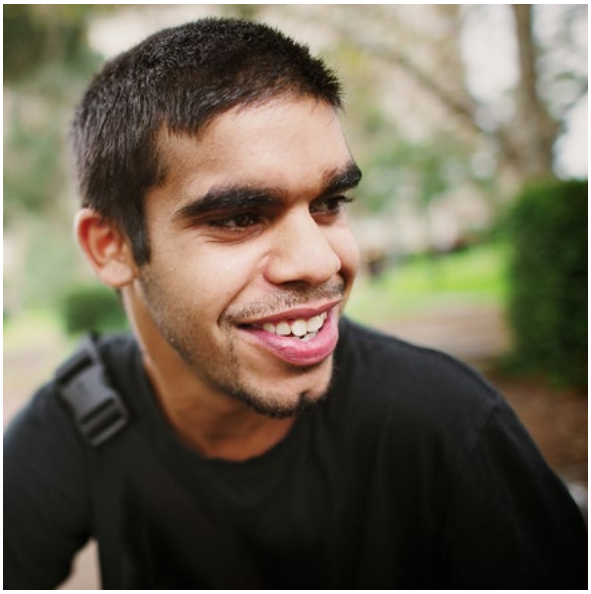


melbourne city mission

NDIS Planning Tool



Get Ready

The National Disability Insurance Scheme (NDIS) began in Victoria with a trial in the Barwon region in 2013. Between 2016 and 2019 it will to roll out across all of Victoria.

You can check the www.ndis.gov.au to see when it is due to begin in your area. The NDIS is all about giving greater choice and control to you, your family and/or your carers. You will have control over planning your supports and greater choice over how those supports are delivered.

Getting ready for your plan is very important. People from trial sites report that it sometimes took a few goes and it's easy to forget things. There is a lot to consider and it is important you have time to talk to family and friends, to think and to plan. This tool is designed to help you do that.

At Melbourne City Mission we are here to help you get ready.

Contents

In order for us to get the best understanding of the services and support you may require, please take the time to indicate how important each service is to you.

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01

Learning, Education and Training

Learn new tasks and skills, build your understanding, complete higher education.

People, programs and equipment that may assist include:

- Transition to Employment
- TAFE, Uni, School
- Day Programs
- Future for Young Adults (FFYA)
- Group home with support staff
- Behavioral Support Programs
- Independent Living Skills
- Community Centres
- Aboriginal and Torres Strait Islander Support Services
- Neighborhood houses

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Are there new things that you would like to learn? Could you be better supported at your current place of learning? ie. New courses, skill development, 1 to 1 support, educational support

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

02

Everyday Decisions

Support in making appointments, managing everyday activities, problem solving and coordination.

People, programs and equipment that may assist include:

- Outreach
- Independent Living Skills Programs
- Culturally Specific Services
- Group home with support staff
- Aboriginal and Torres Strait Islander Support Services
- Community Programs
- Behavioral Support Programs
- Attendant Care
- Case Management
- Support Coordination

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

How could you be better supported to in making everyday decisions and problem solving?
ie. 1 to 1 support, support coordination, planned support, flexible support

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

03

Communication

How others understand you and how you can understand other people.

People, programs and equipment that may assist include:

- Specialist Equipment or programs
- Support people
- Interpreters
- Signers
- Speech therapy
- Behavioral Support Programs

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

What could support you to be more independent with your communication? Are there programs or equipment that could assist with how you communicate? ie. speech therapy, interpreters, assistive technology

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

04

Getting Around

Being able to move around your home and the community.

People, programs and equipment that may assist include:

- Statewide Equipment Program
- Wheelchair
- Specialist clothing or footwear
- White cane
- Walking frame
- Assistance dog
- Support people
- Exercise program
- Therapy program
- Equipment repairs and servicing

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

What could assist you to move around your home and community?
ie. Wheelchair, 1 to 1 support

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

05

Personal Care

Support at mealtimes, showering or bathing, toileting and getting dressed.

People, programs and equipment that may assist include:

- Attendant Care Support
- Family and friends
- Day Program
- Group home with support staff
- Home and Community Care (HACC)
- Aboriginal and Torres Strait Islander Support Services
- Educational setting

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Are there new things that could assist with your personal care? Could you be better supported to be independent? ie. Outreach support, attendant care, aides and equipment

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

06

Health and Therapies

Physical and neurological therapies, counselling, mental health and medication management.

People, programs and equipment that may assist include:

- Statewide Equipment Program
- Allied Health Plan (OT, Physio etc)
- Mental Health Plan
- Drug and Alcohol
- Group home with support staff
- Family and friends
- Aboriginal and Torres Strait Islander Support Services Community
- Health Centre

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Are there specialist services that could assist in improving your health and well being?
Could you be better supported?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

07

Everyday home tasks

Shopping, cooking, house cleaning, paying bills, managing money and appointments.

People, programs and equipment that may assist include:

- Attendant Care Support
- Family and friends
- Group home with Support staff
- Day Program
- Home and Community Care (HACC)
- Meals on Wheels
- State Trustees/ Administrator
- Aboriginal and Torres Strait Islander
- Support Services
- Outreach

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Could you be better supported to complete everyday home tasks?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

08

Getting along with others

Understanding behavior's of concern, working out what helps and making friends.

People, programs and equipment that may assist include:

- Your GP for a referral to a specialist psychologist, schools, paediatricians.

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Are there people or places that could assist you in developing and maintaining relationships/friendships? Could you be better supported?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

09

Employment Support

Seeking and maintaining work, supported employment, work experience and open employment.

People, programs and equipment that may assist include:

- Employment Agencies
- Supported Employment Providers
- Family and friends
- Attendant Care Support
- Day Program
- Aboriginal and Torres Strait Islander Support Services
- Transition to Employment (TTE)
- Futures for Young Adults (FFYA)

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

What assistance or support do you require to maintain or find work?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

10

Transport Support

How you get around the community, such as to work, to school and to recreation activities.

People, programs and equipment that may assist include:

- Public transport
- Taxis
- Taxi vouchers
- Mobility allowance
- Modified vehicle
- Day Program
- Group home with support staff
- Family and friends

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

What assistance with transport do you require to access the community? Could you be better supported to increase your independence and inclusion?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

11

Recreation and Social Activities

Recreation and leisure activities, community activities, social groups/clubs and holidays program.

People, programs and equipment that may assist include:

- Day Program
- Group home with support staff
- Family and friends
- Supported Holidays
- Recreation activities and programs
- Sporting clubs
- Community friend
- Community visitors
- Attendant care
- Holiday programs

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Are there activities and groups that you would like to become involved in? What support do you need to access these programs?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

12

Housing and Accommodation

Where you choose to live and modifications or supports for your home.

People, programs and equipment that may assist include:

- Office of Housing (OOH)
- Family and friends
- Group home with support staff
- Home and Community Care (HACC)
- Aged Care Services
- Aboriginal and Torres Strait Islander Support Services

What supports are you using **now**?

TYPE OF SUPPORT	WHEN DO YOU USE THIS SUPPORT?	WHO PAYS FOR THIS SUPPORT?

What support do you need in the **future?**

Where would you like to live? Who would you like to live with? Would you need particular modifications or support in your home?

Personal Goals

WHO WILL/CAN PROVIDE THIS SUPPORT?	WHEN WILL YOU USE THIS SUPPORT?	HOW MUCH WILL IT COST?	WHO PAYS FOR THIS SUPPORT?

Notes

Now you have finished your plan, you can use the information to discuss your support needs. You may want or need someone to support you at your NDIA plan meeting.

Things to think about

Who would I like at my planning meeting:

- [ ] Parents
- [ ] Support Person
- [ ] Teacher
- [ ] Partner
- [ ] Key Worker
- [ ] I can discuss my own support needs
- [ ] Siblings
- [ ] Friend
- [ ] Other Family
- [ ] Advocate

I would work best with a planner who is:

- [ ] Male
- [ ] Brings an interpreter
- [ ] Female
- [ ] Other

Things that will help me in the meeting:

- [ ] Time of day
- [ ] Quiet
- [ ] Simple Language
- [ ] Venue
- [ ] Time limited
- [ ] With Breaks
- [ ] I may need to meet more than once
- [ ] I will need to be reminded

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